

You have been instructed to participate in drug testing through the Cherokee County Drug Lab. This testing is coordinated with the Cherokee County Court System and Cherokee County Accountability Courts.

To comply, please complete the attached forms and return them to the Drug Lab. You may submit them via email or deliver them in person during collection hours.

Drug Lab Information

- Location: Historic Courthouse, 100 North Street, Suite G23, Canton, GA 30114
- Entrance: Rear side of the building
- Collection Hours: 6:00 AM 11:00 AM, seven days a week
- Note: Specialty testing is by appointment only.

Once your forms have been submitted, you are required to call the **testing hotline at** (770) 501-8914 each night to determine whether you must report for testing the following day.

Testing Requirements

- Bring a valid photo ID
- The cost of each drug test is \$35.00, payable at the time of service
- Accepted forms of payment include money order, certified check, or credit/debit card (an additional fee applies to card payments)

Contesting Test Results

If you wish to contest a test result, a forensic confirmation may be requested by submitting a \$65.00 payment within seven (7) days of the original test. This payment must be made in person during collection hours.

Please follow all posted signs at the Drug Lab and arrive prepared for testing. Additional information is available on the Drug Lab's website: https://www.cherokeecountyga.gov/Drug-Lab/

Heather Hays
Lab Manager
HAHays@cherokeecountyga.gov
678-493-6578

Cherokee County Drug Lab Website and Hotline for Testing



For testing through the Cherokee County Drug Lab, please follow the instructions below:

WEBSITE INSTRUCTIONS (PREFFERED METHOD)

- 1. Visit https://verify.phoenixlis.com/ daily 12:01 AM 10:59 AM. YOU MUST CHECK IN 7 DAYS PER WEEK, 365 DAYS PER YEAR, INCLUDING WEEKENDS AND HOLIDAYS.
- 2. Enter the ACCOUNT# LVWTOV8X
- 3. Enter your participant ID: (2-digit birth month, 2-digit birth date and last five numbers of social security number) or your assigned participant ID: ______
- 4. Press "Submit"
- 5. The screen will display one of the messages below with a confirmation code:
 - REPORT FOR TESTING.
 - NO TESTING TODAY.
 - **If you receive any other response, please contact the Lab.**
- If you are required to test, you must report to the Cherokee County Drug Lab **between 6:00am** and **11:00am** for a drug/alcohol urine screening.
- The Lab is in the basement of the Historic Court House. The Lab address is 100 North Street, Suite G23, Canton, GA, 30114. Enter on the backside of the building.
- You MUST take with you a money order/ card payment (no cash) for \$35.00 and a valid photo ID.
 Failure to report during the above period or failure to bring payment and photo ID will result in a missed test, which may be considered a violation of your probation.

CALL-IN INSTRUCTIONS

- Call 770-501-8914 daily 12:01 AM 10:59 AM. YOU MUST CALL THE HOTLINE 7 DAYS PER WEEK, 365 DAYS PER YEAR, INCLUDING WEEKENDS AND HOLIDAYS.
- 2. Enter your participant ID: (2-digit birth month, 2-digit birth date and last five numbers of social security number) or your assigned participant ID:
- 3. Listen for one of the following messages, at the end of the call a confirmation code will play as well:
 - REPORT FOR TESTING.
 - NO TESTING TODAY.
 - **If you receive any other response, please contact the Lab.**

I understand that I must begin checking the Website https://verify.phoenixlis.com/ or calling 770-501-8914 today after 12:00AM. I understand I must bring a current photo I.D. and a \$35.00 Money Order/ Card payment (additional fee) to be allowed to test.

Donor	Date		
Court Services	Date		

Cherokee County Drug Lab
Historic Courthouse
100 North Street, Suite G23
Canton, GA 30114
T. (678) 493-6578
https://www.cherokeecountyga.gov/Drug-Lab/



CHEROKEE COUNTY DRUG LAB

CHEROKEE COUNTY HISTORIC COURTHOUSE 100 NORTH STREET, SUITE G23 CANTON, GEORGIA 30114 TELEPHONE: 678-493-6578

Consent to Release Information

Name:		Contact: _		
Case number or referring	g agency:		Phone:	
Is there a Court order re	quiring Drug Testing?	YES or N	O (circle on	e)
Email for results to be se	ent to:			_
I,screenings for the purporthat all screens will be screens.	, (please ose of detecting the us performed by certified	print name le se of prohibite I lab technici	gibly) hereby ed substance ans, trained t	consent to drug s. I understand to perform such
I consent for the Cherok the referring agency. It be performed and detect to the referring agency.	understand that screet	nings for dilut	tion and adult	erants may also
I understand that I may redilute, or adulterated sar results of any confirmation to the referring information to the Cherothis authorization.	mple. I also consent fo ion testing and that re no agency. I hereby	r the Cheroke sults of such release the	ee County Dru confirmation e facility that	ig Lab to receive testing shall be t releases such
l understand that any dis Regulations governing information may re-disc	confidentiality of do	nor records	and that re	cipients of this
I understand that this co court order. The referrir Lab with any revocation	ng agency is responsib	fect for the le le for providir	ength of time p ng the Cherok	prescribed in the see County Drug
Signature of Donor	Date	Witness		Date
Donor's DOB				

TESTING INFORMATION SHEET

CLIENT					
First Name:	Middle Name: _		Last Name	e:	
	-				
	/ Race:				
ADDRESS					
Address					
	State			Zip Code:	
)				
				,	
TESTING FREQUEN	ICY				
No less than	times per	Start Date	Sen	ntence Length	
READ AND SIGN BE	LOW				
consent to drug screenings performed by certified lab ter of my drug screenings to the detection of attempts to diluconfirmation testing, at my Cherokee County Drug Lab to the referring agency. I her liability for complying with Federal Regulations governiconnection with their official order. The referring agency	am stating to the Court under penal for the purpose of detecting the chnicians, trained to perform such a referring agency. I understand that or adulterate my sample will own expense, on any positive, do receive results of any confirmative by release the facility that release this authorization. I understand that gonfidentiality of donor record duties. I understand that this consist responsible for providing the Cl. 300 and will be paid prior to collection.	use of prohibited screens. I consent hat screenings for be reported to the ilute, or adulterate on testing and that es such information at any disclosure des and that recip sent will remain in herokee Drug Lab	I substances. I use for the Cherokee dilution and adult or referring agency ed sample within the results of such count to the Cherokee made is bound by ients of this inform effect for the ler	Inderstand that all so County Drug Lab to Iterants may also be by. I understand that in 72 hours. I also confirmation testing sleep County Drug Lab from y Part 2 of Title 42 remation may re-discongth of time prescrib	performed and I may request consent for the hall be released of the Code of lose it only in bed in the court
Signature of Person Un	nder Supervision		Date		
Witness			Date		
Referring Agency (circle one	e): AFP CCPS DA-BS	MISC JUV		D-SIJS SOL-BS	Other
Date information received by Cherol	kee Drug Lab Office			Р	RQ

DILUTE DRUG SCREENS

Dilute drug screens occur when an individual drinks too much fluid/ liquid of any kind in a short period of time, usually in an effort to flush their system of alcohol or drugs.

We encourage everyone to drink at least 8-10, 8-ounce glasses of water each day to maintain a healthy body system. Your body will maintain homeostasis, an equilibrium, in which you take in fluids and excrete waste fluids in the urine according to your body's needs. This occurs normally in the absence of kidney disease.

Creatinine is a by-product of protein metabolism; any unused creatinine is dissolved in the urine as a waste product. It is easily measured in relationship to the amount of fluid in which it is dissolved. For drug screening purposes, there is no other reason to measure creatinine other than to be able to tell whether or not a person is trying to dilute their urine. The more fluid in urine, the less creatinine can be measured. The less fluid in urine, the more creatinine can be measured. The normal level of creatinine in urine ranges from 60 mg/dL to 300 mg/dL. A dilute urine sample means that the creatinine level is equal to or below 20 mg/dL. This also occurs normally in the absence of kidney disease. The creatinine levels can change daily, but most people will have a "normal" value range most of the time.

Eating extra protein, exercising, running have no significant effect on the creatinine level measured in urine due to the body's built-in equalizer, homeostasis. The only thing that affects a dilute sample is the amount of fluid taken in within a short period of time prior to providing the urine sample. If you are seeing results that show you are getting close to a dilute sample, try to stop drinking any fluids 2-4 hours prior to providing the sample. Then resume your normal fluid intake. You should not "hold" your urine for a long time before giving a sample. This is not good for your bladder and will not have a significant effect on urine dilution. Try to avoid more than 1-2 cups of tea per day since tea is a diuretic. In other words, it causes your body to make extra urine and may throw off your normal body balance if taken in excessive amounts. This can lead to a dilute urine sample. Avoid products that claim to "beat a drug test". These usually are nothing but a diuretic in disguise.

If you have a medically diagnosed kidney disease you will need to bring proper documentation from your physician that states specifically why you might test with dilute urine specimens. This should be done prior to admission into the program and may be a reason to exclude you from participation in the program.

If you have any questions or concerns, please discuss them with the court, your counselor, program manager, or program nurse, and your physician.

Participant Signature	Date
Witness	Date

Frequently Asked Questions Regarding Dilute Specimens

What is a dilute specimen?

Dilute specimens are urine samples that have a creatinine level of less than 20mg/dL.

Okay, so what is Creatinine?

Creatinine (not to be confused with creatine) is a by-product of muscle metabolism. It is produced at a fairly steady rate throughout the day. Having a low concentration of creatinine in your urine is not normal.

The most common method of specimen tampering is dilution. Dilution is sometimes called flushing or water-loading, and it is a method promoted by "beat your drug test" websites and products. Diluting is a way to lower the concentration of drugs or alcohol in your system by making your urine more like water, measuring creatinine tells us how concentrated your urine is — whether it's more like urine or more like water.

It seems like we're getting sanctioned for dilute specimens all the time. Is low creatinine really that abnormal?

Healthy people rarely produce specimens with creatinine levels below 20mg/dL. In one study of over 22,000 people, less than 1% had dilute specimens. The average creatinine level was 130mg/dL. In a setting like ours where people are randomly drug tested, dilutes are 10 times more common! Sounds a little suspicious, doesn't it?

But even if I get a dilute, if my test is negative, why should I be sanctioned?

To quote Paul Cary, the expert on this issue, "negative or 'none detected' results should never be interpreted as indicating no drug use (abstinence), because if, in fact, drugs were present, they probably could not be detected by the test... [A] creatinine level of less than 20mg/dL (associated with a drug test) is nearly always an attempt by the donor to avoid drug use detection regardless of how much liquid was consumed in order to achieve this result."

So what's the bottom line?

If you get a dilute, we don't know why or how your creatinine level got that low. It is YOUR RESPONSIBILITY to control what you put in your body; this includes monitoring your fluid intake and not drinking excessive quantities of water in a short amount of time. If you have questions about your creatinine level, contact Court staff, FIS medical staff, or see you physician.

Participant Signature	Date
Witness	Date

^{*}This document is based on Paul L. Cary's presentation "Selected Drug Testing Issues for Court-Mandated Testing."

URINE ABSTINENCE TESTING AND INCIDENTAL DRUGS OF ABUSE EXPOSURE CONTRACT

Because urine tests used for drugs of abuse testing are very sensitive, consumption of certain products can result in positive screens. In order to preserve the integrity of the testing program, it is necessary to restrict and/or advise persons scheduled for random tests regarding the use of certain products.

Since it is difficult to remember which drugs to avoid, this medication list has been prepared for you. The list includes what you can take and what you must avoid. You have to take responsibility for all drug use because not every physician, pharmacist, or dentist knows about the court-ordered testing requirement you are under.

If you have a particular problem, be sure to discuss it with your probation officer. No drug of any kind is to be taken without providing proof to your probation officer. When you show up for testing, you must always note on the paperwork you sign any prescription or over-the-counter medications you have taken.

Inform physicians, dentists, pharmacists, and all other persons involved in your receiving medications that you are randomly tested for drugs of abuse. This is extremely important since a positive test will be a violation of your probation/ program and may <u>result in your incarceration</u>.

DRUGS THAT CAN BE TAKEN

Do not use any amount beyond what is recommended

Actifed Clinoril Clinoril (Rx) Advil (OTC) Advil Cold Comhist Coricidin HBP Afrin Dimetapp Aleve Dramamine Alka-Seltzer Cold Feldene (Rx) Alka-Seltzer Plus Allegra Hismanal Allerest Ibuprofen **Aspirin** Imodium A-D Benadryl Maalox/Mylanta Claritin Meclomen (Rx) Tylenol Cold

Motrin
Mucinex
Nalfon
Naproxen
Ornade
Pepcid
Pepto-Bismol
Polarmine
Rolaids
Seldane
Sudafed PE
(Phenylephrine HCL)

Tagamet
Teldrin
Tessalon Perles
Theraflu
Toradol
Triaminic
Tums
Tylenol (OTC)
Zvrtec

Rev. 7/2021 Page 1 of 4

DRUGS THAT ARE NOT TO BE TAKEN

Do not use, consume, or apply any of these drugs

It is YOUR responsibility to limit exposure to products and substances detailed below. It is YOUR responsibility to read product labels, to know what is contained in products you use and consume, and to inspect these products BEFORE using them. Use of products in violation of this contract will NOT be allowed as an excuse for a positive test result.

ALCOHOL

Aftershave Lotion Hair Tonics Mouthwash Sterno

Extracts (Lemon, etc.) Medical Alcohol Perfumes Wood Alcohol

ANALGESICS

Darvocet N-100 Fiorinal Parafon Forte Talwin
Darvon, Darvon CPD Norflex Robaxin, Robaxisal Wygesic
Equagesic Norgesic Soma Ultram

ANTICHOLINERGICS/ANTISPASMODICS

Atropine Hyoscine Librax Valpin
Belladona (and derivatives) Kinesed Pro-Banthine

Donnatal Levsin PB Scopolomine

BARBITURATES

Amytal Na Donnatal Nembutal Surital Brevital Eskobarb Pentothal Tuinal

Butabarbital Luminal Phenobarbital
Butisol Na Mebaral Seconal

BROMIDES

Bromo Quinine Dr. Miles' Nervine

COUGH SYRUPS CONTAINING

Codeine Hycodan Oxycodone
Dextromethorphan Hydrocodone Tussionex

FOOD AND OTHER INGESTIBLE PRODUCTS

CBD Oil Kava Kava Poppy Seeds (Do not ingest E-Cigarettes or Vaporizer Kratom anything with poppy seeds)

Pens Phenibut Sure-Jeli (Pectin)

HALLUCINOGENS

Bufotenine (Dimethyl Bogaine Marijuana (THC) STP - Serenity Tranquility Serotonin) Ketamine Mescaline Peace (DOM, 2,5-Diethyltryptamine (DET) LSD (Lysergic Acid Peyote Dimethoxy-4-

methylamphetamine)

Dimethyltryptamine (DMT) diethylamide) Psilocin
Hashies Psilocybin

Hashies Ps

Rev. 7/2021 Page 2 of 4

DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

Do not use, consume, or apply any of these drugs

MINOR TRANQUILIZERS

Ativan Librium Paxipam Versed
Equanil Meprobamate Serax Vesprin
Klonopin (Clonazepam) Milpath Trancopal Xanax

Klonopin (Clonazepam) Milpath Francopal
Librax Miltown Tranxene
Libritabs Pathibamate Valium

NARCOTICS/OPIATES/OPIOIDS

A.P.C. with Demerol Fiorinal 1, 2, 3, or 4 Numorphan Stadol B & O Supprettes Heroin Oxycodone Sublimaze

Bancap HC Hycodan Oxymorphone Suboxone (Buprenorphine)
Coccine Hydrocodone Pantonan Synalgos-DC

CocaineHydrocodonePantopanSynalgosCodeineHy-PhenParegoricTalacinDamason-PInnovar InjectionPentazocineTalwin

Darvocet Leritine Percobarb Opium and Opium Tinctures

Darvon Levo-Dromoran Percocet Tussionex

Demerol Lomotil Percodan Tylenol 1, 2, 3, or 4
Dilaudid Lorcet Phenaphen 1, 2, 3, or 4
Tylox

Dilaudid Lorcet Phenaphen 1, 2, 3, or 4 Tylox
Dolene Lortab Phenazocine Ultram
Dolophine Mepergan Forte Propoxyphene Hydrochloride Empirin 1, 2, 3, or 4 Methadone Roxicet Zohydro

Empracet Morphine Roxicodone Zydone

Fentanyl-Sublimaze Nubain Soma (Carisoprodol)

OVER THE COUNTER (OTC)

Antihistamines: Dristan, Caffeine Preparations: Decongestants: Diet Aids: Dexatrim

Contac, Sominex, Nytol, NoDoz, Vivarin Dextromethorphan (DM)
NyOuil

SEDATIVES/SLEEPING AIDS

Ouaaludes Methaqualone (Sopor) Alurate Compazine Restoril Milpath **Ambien** Compoz (OTC) Secobarbital Miltown **Amytal** Dalmane Seconal Sodium Nembutal Deprol Ativan Serax

Butalbital Doriden Noludar Serax
Butalbital Acetaminophen Equanil (Meprobamate) Nytol (OTC) Sicep-eze (OTC)

Caffeine Halcion Paraldehyde Sopor
Butisol Klonopin Parest Valium
Carbital Limbitrol Phenobarbital Veronal

Centrax Luminal Phenobarbital Sodium Vistaril (Atarax)

Chloral Hydrate (Noctec) Lunesta Placidyl Xanax

STIMULANTS

Preludin Mazanor Dexaspan Adderall **Prolamine** Melfiat Dexatrim Adipex-P Ritalin Methamphetamine Dexedrine Apidren Sanorex Methedrine Benzedrine **Didrex** Tenuate Efed II NoDoz **Bontril** Vyvanse Plegine Cylert Eskatrol

Desbutal Fastin Pondimin
Desoxyn Ionamin Prelu-2 TR

Rev. 7/2021 Page 3 of 4

DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

Do not use, consume, or apply any of these drugs

SUPPLEMENTS

Supplements (including herbal, pre-workout, protein, creatine, etc.) will not be approved to take while you are on probation. Supplements may interfere with testing and will be subject to confirmation testing at your own expense. If you take any supplements while on probation, it is at your own risk.

SYNTHETICS

Synthetic Cannabinoids - Synthetic Marijuana, K2, Spice Synthetic Cathinoines - Methylenedioxypyrovalerone (MDPV), Mephedrone, Methylone Bath Salts, Molly, Glass Cleaner, Plant Food

VOLATILE SUBSTANCES/INHALANT ANESTHETICS

Anesthetics	Banana Oil	Glue	Pentothal
Amyl/Butyl Nitrite (also	Fluothane	Nitrous Oxide	Surital
called Liquid Gold and	Freon	Paint Thinners	Dunan
•			
Poppers)	Gasoline	Penthrane	

I have read and understand my responsibilities. My signature implies my consent.

This is not an exhaustive list. New drugs hit the market daily. Unless the drug appears on the DRUGS THAT <u>CAN</u> BE TAKEN list, notify your probation officer before ingesting any drug. When testing, be sure to indicate on your paperwork <u>ALL</u> drugs, prescription and over-the-counter, that you have consumed. Remember! When in doubt, do not use, consume, or apply.

PARTICIPANT/ DONOR SIGNATURE

DATE

PRINT NAME OF PARTICIPANT/ DONOR

WITNESS

DATE

Rev. 7/2021 Page 4 of 4

URINE ABSTINENCE TESTING AND INCIDENTAL ALCOHOL EXPOSURE CONTRACT

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances exposure to non-beverage alcohol sources can result in detectible levels of alcohol (or its breakdown products). In order to preserve the integrity of the DUI/Drug Court testing program, it has become necessary for us to restrict and/or advise DUI/Drug Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol. It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them. **Use of products containing ethyl alcohol (ethanol) in violation of this contract will <u>NOT</u> be allowed as an excuse for a positive test result.**

When in doubt, don't use, consume or apply!

Cough syrups and other liquid medications: DUI/Drug Court participants have always been prohibited from using alcohol-containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. DUI/Drug Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your coordinator before use (and prescriptions should be reviewed with and approved by the coordinator before being filled by a pharmacist). Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, NA beers (e.g. O'Douls®, Sharps®, Heineken 0.0®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. DUI/Drug Court participants are *not* permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Fermented products/fermented beverages (such as Kombucha) can have alcohol content percentages often above 0.5% and at higher unregulated levels which could result in a positive screen for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé' dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read carefully the labels on any liquid herbal or homeopathic remedy and do not ingest without approval from your coordinator.

Mouthwash and Breath Strips: Most mouthwashes (Listermint®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl

Rev. 23.1 Page 1 of 2

alcohol can produce a positive test result. DUI/Drug Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by DUI/Drug Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your coordinator.

Hand sanitizers: Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water is just as effective for killing germs.

Hygiene Products: Aftershaves and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court required DUI/Drug Court participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers: Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, DUI/Drug Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, you need to discuss this with your DUI/Drug Court Coordinator. Do not wait for a positive test result to do so.

Remember! When in doubt, don't use, consume or apply.

I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES; MY SIGNATURE IMPLIES MY CONSENT:

PARTICIPANT SIGNATURE	DATE
Print Name of Participant	_
WITNESS	DATE

Rev. 23.1 Page 2 of 2